

Week one

30/10 20/11 11/12 01/01 22/01 05/03 26/03

Monday

Choose a main meal...
 Pizza margarita with Jacket Wedges ✓
 Neapolitan Pasta ✓
 Jacket w/ Baked Beans
 Sandwich - Ham or Cheese

on the side...
 Coleslaw
 Peas

for dessert...
 yoghurt

Tuesday

Choose a main meal...
 Beef & Vegetable Pie with mashed potato
 Mild Mexican Vegetable Chilli with Rice ✓
 Jacket w/ Cheese
 Sandwich - Turkey or Tuna

on the side...
 Green Beans
 Cauliflower

for dessert...
 toffee apple Crumble with Custard

Wednesday

Choose a main meal...
 Roast Turkey with Roast Potatoes & Gravy
 Cheese & Potato Bake ✓
 Jacket w/ Baked Beans
 Sandwich - Ham or Cheese

on the side...
 Seasonal Cabbage
 Carrots

for dessert...
 chocolate cookie with berry compote

Thursday

Choose a main meal...
 Chinese Chicken Noodles
 cheese ,leek and potato pie
 Jacket w/ Coleslaw
 Sandwich - Turkey or Tuna

on the side...
 Broccoli
 Sweetcorn

for dessert...
 jelly served with fruit

Friday

Choose a main meal...
 Crispy Fish & Chips
 Veggie Hot Dog with Chips ✓
 Jacket w/ Baked Beans
 Sandwich - Ham or Cheese

on the side...
 Baked Beans
 Peas

for dessert...
 Chocolate & Banana Muffin

Week two

06/11 27/11 18/12 08/01 29/01 19/02 12/03

Choose a main meal...
 chicken and cheese pizza with wedges
 Mac 'N' Cheese
 Jacket w/ Baked Beans
 Sandwich - Ham or Cheese

on the side...
 sweetcorn
 Crunchy Salad

for dessert...
 Chocolate & Mandarin Sponge with Chocolate Sauce

Choose a main meal...
 Sausages with Creamy Mash & Gravy
 Vegetarian Sausages with Creamy Mash & Gravy ✓
 Jacket w/ Cheese
 Sandwich - Turkey or Tuna

on the side...
 Carrots
 Seasonal Cabbage

for dessert...
 Oatie cookie with Fruit Slices

Choose a main meal...
 Roast Chicken with Roast Potatoes & Gravy
 Quorn Roast with Roast Potatoes & Gravy ✓
 Jacket w/ Baked Beans
 Sandwich - Ham or Cheese

on the side...
 Peas
 Carrots

for dessert...
 chocolate mousse and pear slices

Choose a main meal...
 Mild Beef Chilli with Rice
 Creamy Tomato & Basil Pasta ✓
 Jacket w/ Cheese
 Sandwich - Turkey or Tuna

on the side...
 Sweetcorn
 Green Beans

for dessert...
 Carrot & Pineapple Cake Slice with custard

Choose a main meal...
 Golden Fish Fingers & Chips
 Bean & Potato Burrito with Chips ✓
 Jacket w/ Baked Beans
 Sandwich - Ham or Cheese

on the side...
 Baked Beans
 Crunchy Coleslaw

for dessert...
 Strawberry Cheesecake

Week three

13/11 04/12 15/01 05/02 26/02 19/03

Choose a main meal...
 Mozzarella & Tomato Pizza with Oven Baked Wedges ✓
 Quorn Sausage & Tomato Pasta Bake with a Bread Wedge ✓
 Jacket w/ Baked Beans
 Sandwich - Ham or Cheese

on the side...
 Peas
 Apple Slaw

for dessert...
 chocolate brownie or yoghurt

Choose a main meal...
 Chicken Tikka Thigh with Rice
 Cheese & Sweetcorn Quiche with New Potatoes ✓
 Jacket w/ Cheese
 Sandwich - Turkey or Tuna

on the side...
 Broccoli
 Fresh Tomato Salsa

for dessert...
 Apple Cracknell with Custard

Choose a main meal...
 Honey Roast Gammon with Roast Potatoes & Gravy
 Shepherdess Pie ✓
 Jacket w/ Baked Beans
 Sandwich - Ham or Cheese

on the side...
 Carrots
 Sweetcorn

for dessert...
 Mini Gingerbread Cake with Fresh Fruit

Choose a main meal...
 Pasta Bolognaise
 Mild Yellow Vegetable Curry with Rice ✓
 Jacket w/ Cheese
 Sandwich - Turkey or Tuna

on the side...
 Green Beans
 Carrots

for dessert...
 Chocolate Crispie

Choose a main meal...
 Fish Fingers with Chips
 Veggie Quesadilla with Chips ✓
 Jacket w/ Baked Beans
 Sandwich - Ham or Cheese

on the side...
 Baked Beans
 Peas

for dessert...
 Creamy Rice Pudding with Fruit
 vanilla icecream

Our chicken and milk are Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

FAIRTRADE All our bananas are FAIRTRADE



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs

FARM TO FORK We can trace every cut of meat back to the farms of origin

FRESHLY BAKED EVERY DAY

Chartwells EAT LEARN LIVE