

Write or draw what kindness means to you:


Fold here

# My kind acts

My name is

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me

## Congratulations

on your month of kindness – being kind sends a powerful message about our connections to each other and the world around us.



The British Red Cross Society, incorporated by Royal Charter 1908, is a charity registered in England and Wales (220949), Scotland (SC037738) and Isle of Man (0752).  
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**The power of kindness**

Think of five kind acts that you'll do during the month and write them in the boxes. During the month you'll be asked to share your kind acts with the rest of your class.

1

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You can tick here when you complete your task



2

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3

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4

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5

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