



PE Long Term Plan



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception		Introduction to PE Unit 1	Introduction to PE Unit 2	Gymnastics Unit 1	Dance Unit 1	Ball Skills Unit 1	Games Unit 1
		Fundamentals of PE Unit 1	Fundamentals of PE Unit 2	Gymnastics Unit 2	Dance Unit 2	Ball Skills Unit 2	Games Unit 2
Year 1 and 2 Cycle A and B		Fundamentals	Team Building	Ball Skills	Gymnastics	Striking and Fielding	Athletics
		Sending and Receiving	Dance	Fitness	Invasion	Yoga	Net and Wall
Year 3 and 4	Cycle A	Dance	Gymnastics	Hockey	Football	Tennis	Athletics
		Football	Dodgeball	Basketball	Fitness	Cricket	Swimming
	Cycle B	OAA	Dance	Tag Rugby	Tennis	Swimming	Rounders
		Yoga	Hockey	Fitness	Gymnastics	Netball	Athletics
Year 5 and 6	Cycle A	Dance	Gymnastics	Hockey	Football	Tennis	Athletics
		Football	Dodgeball	Basketball	Fitness	Cricket	Volleyball
	Cycle B	OAA	Dance	Tag Rugby	Tennis	Volleyball	Rounders
		Yoga	Hockey	Fitness	Gymnastics	Netball	Athletics

Get Set 4 PE Scheme of work.

Year 1 and 2 – Use the year 1 and year 2 planning. Combine and adapt as appropriate to group.